

SHIPSTON HOME NURSING

FEBRUARY 2019

We Care

SERVING SHIPSTON-ON-STOUR, WELLESBOURNE, KINETON AND THE SURROUNDING AREAS



“

A service that goes above and beyond

”

FREE HOME NURSING FOR PEOPLE WITH A LIFE-LIMITING OR TERMINAL ILLNESS
AND EMOTIONAL SUPPORT FOR THEIR FAMILIES AND CARERS

EXECUTIVE DIRECTORS REPORT Andrew Revell

Welcome to the 2019 edition of our newsletter.



I have been involved with Shipston Home Nursing since September 2017 when I was asked to review the non-clinical aspects of the Charity and identify areas where improvements could be made. That was all some 16 months ago, and I feel very privileged to continue to be part of this essential community service as we further develop our nursing care and our organisation in general.

We have a great team of people who work cohesively to ensure that patient care drives everything we do. This ethos is embedded in our Nursing, Fundraising, Operations, Volunteers, Supporters, and Trustees alike and while the roles of these groups are quite different, the level of their cooperation, drive and teamwork makes us the one team we are today, and they have my grateful

thanks for their hard work and commitment.

We are very fortunate to live in an area where community healthcare is very well coordinated and critical relationships with GP Surgeries, Community Nursing Teams and our Sister Charities are robust. This ensures that we continue to provide high standards of patient and family care. We very much appreciate the ongoing support and collaboration we receive from our healthcare partners.

For the financial year ending 30th June 2018 we had costs of £429,323 and income of £429,632 which meant that we had a very modest operational surplus of £309 which was pleasing when compared to the deficit of £162,100 in the previous financial year.

We adopt a prudent reserves policy and have reserves to cover just over two years of our current operating costs, thus allowing us to be sustainable for existing patients should there be any unplanned disruption to our income. We continue to receive a grant from South Warwickshire NHS Trust albeit this will be reduced by £12,000 from April

2019, which for an organisation of our size, is significant.

Our long-standing Treasurer Chris Owen decided to retire in June, having given 20 years loyal service to us, he does so with our thanks and best wishes for a happy and healthy retirement.

I continue to be humbled by the incredible feedback and generosity we receive from families of patients we have looked after. This year we will further develop our 'after care and support' for families to help them following the death of a loved one.

The further development of our community care through being financially sustainable, very much depends on our reputation, our loyal staff and the generosity of you, our supporters. We do not take your support for granted and can assure you that we are continuously looking for ways to optimise the resources we are afforded.

I thank you all for being part of the Shipston Home Nursing Team and wish you a happy and healthy 2019.

Andrew Revell
Executive Director

NEW SHN 100 CLUB PLAY - WIN - CARE

Join our SHN 100 CLUB, for your chance to win a cash prize every month and help us raise vital funds for more nursing hours!

It's simple to join and here's how it works.....

- Sign up for the year by completing the joining form in the SHN 100 CLUB Leaflet, with a cheque for £24 or a completed standing order mandate form.
- You can enter as many times as you like, each entry costing £24 a year, entitling you to 12 monthly draws.
- Each month Shipston Home Nursing will draw a lucky winner to receive a cash prize!
- Our lucky winner will be notified and a cheque will be sent in the post.
- Players must be 16 or over.

Complete the joining form in the SHN 100 CLUB leaflet enclosed, or download it at www.shipstohomenursing.co.uk

For existing 100 club members from 2018, please don't forget to renew your subscription in May 2019



A MESSAGE FROM OUR CHAIRMAN Clive Irwin

2018 has been another busy year for the Charity with an increase of 58% in the number of patients referred to us for care and support.

We continue to encourage our healthcare partners to refer patients to us as early as possible, following a diagnosis of an incurable illness, so that we build early relationships with them and have a better understanding of their care, needs and wishes.

Feedback on the quality of the service is again overwhelmingly positive and represents a testament to the skill and professionalism of our staff, often under very difficult and testing circumstances.

Our main challenge continues to be the ongoing recruitment of nursing staff. As widely reported in the media this is a general problem for the NHS and other care providers in the UK. During the year we have introduced Health Care Assistants to our service to enhance capacity, and this is proving to be very successful and addresses the need to provide respite for families and personal care for patients.

The existing management structure comprising of Trustees, our Interim Executive Director, Operations and Fundraising teams have collectively worked well during the year to provide the much needed support of our care team and to generate the income

to fund our Nursing Services.

Community fundraising activity has remained strong, supported with much appreciated income from Legacies and Trusts.

The Trustees commend the efforts of the Fundraising Team and our volunteers who tirelessly continue to raise much needed funds and enhance the overall profile of Shipston Home Nursing.

We also acknowledge the long service of our outgoing Treasurer, Chris Owen who retired in the summer and welcome two new members to the Board. David Moon, our incoming Treasurer, and Elizabeth Greetham who brings a wealth of charity and organisational development experience.

Collaborative working with other Charities and partners will be an ongoing theme going forward. Building on initiatives involving South Warwickshire Foundation Trust, Myton Hospice and the Shakespeare Hospice, we are collectively aiming to launch an Out of Hours and Rapid Response palliative care service, across the county so that families have access to 24 hour palliative care nurses.



The proposed development of the Ellen Badger Hospital will also provide an opportunity for closer coordination and integration of the different services that are needed to deliver local seamless palliative care of a high quality.

To all our supporters, and families with relatives who have had cause

to use our service during this year, I hope that the advent of 2019 will allow you time for peaceful reflection and memories amongst family and friends.

Regards

Dr Clive Irwin
Chairman

GENEROUS COLLECTION BOX DONATIONS RECEIVED FROM OUR COMMUNITY

Percy Sewell

The boxes continue to provide a useful income to the Charity and, this year, we've noticed how some organisations have generously held them for one-off events and produced a good sum. For example; Wellesbourne W.I. raised over £97 and Strutt & Parker, Moreton-in-Marsh charged for clerical and photocopying costs which raised £85.

Far from being a concern, the problem of old pound coins has actually worked in our favour - many people don't have the time to exchange them at a Bank, they end up in the collection boxes and are most welcome. I'd therefore ask everybody to keep putting them in as and when they discover any down



the back of chairs or glove compartments. It doesn't matter how battered and tarnished they may be: a pound is a pound!

As always, I'm grateful to those who've assisted me over the last year - Jo Sweby, Fudge Ramsay and Ian McConnel - and, of course, the numerous retail outlets who continue to hold the boxes on our behalf. There are some 75 boxes currently in circulation, so mentioning every outlet by name is not practical, nonetheless the total for the year was some £1,400 - a great effort. It's also worth noting that, other than the cost of replacing ring seals (approx. £10 p.a.), every penny from the boxes goes directly to the Charity.

Many thanks to Percy and his team, for their enormous support throughout the year. Well done and our grateful thanks to everyone who kindly houses our boxes and helps raise vital funds.

OUR NURSING TEAM

Jodie Brookes RN



2018 has been a busy and dynamic year for the SHN Nursing Team.

The number of patients and families we have been able to help has increased by 58% over last year, in part due to an initiative to meet our patients earlier in the stages of their illness.

To meet this increased demand on our service we are actively recruiting to expand our bank of Registered Nurses. This has not been without its difficulties, as the nationwide shortage of skilled nurses is just as prevalent in our rural part of the world. We identified that part of our service could be carried out by skilled Health Care Assistants (HCA's) who possess the right personal qualities to carry out this challenging but rewarding role. So far, we have employed five HCA's and they have been a fantastic addition to our team, allowing us to provide even more care to those who need it, when they need it.

I feel it is important to our community that we continue to raise awareness of what services Shipston Home Nursing can offer patients and relatives. Meeting our patients before they need a lot of practical help from us, allows us to give support and advice on a more

gradual and planned basis. It also means that patients and families will have met some of our team earlier on, making it easier for families to accept help and care when it's needed.

This year we have collaborated with other hospice services in the area. This has given us greater opportunities for sharing ideas, best practice, and training. We hope to continue to nurture these valuable relationships through 2019 and beyond.

I have been developing the training programme for our Nurses and HCA's which extends beyond the mandatory training we are required to provide, to further equip them with the relevant skills and confidence they need to provide the high quality care demanded of them.

Our location within the Ellen Badger Hospital, in Shipston on Stour, allows us to have daily conversations with the District Nursing team which has much improved communication between us which ultimately benefits our patients.

In March 2018 Shipston Home Nursing was very proud to receive an award from the High Sheriff of Warwickshire, Mark Davies CVO, in recognition of great

and valuable services to the community.

We also continue to receive heartfelt and moving feedback from bereaved families. We give everyone we care for, the opportunity to formally feedback to us, we are fortunate to receive overwhelmingly positive comments, a couple of which I would like to share with you:

"I simply want to say a big thank you from us for looking after my husband during his last few weeks in this world. You made it possible for me to look after him at home which he wanted-thank you. Each and every one of you were so kind and professional, with such expertise and experience. I will always be grateful"

"Before my Mum was ill, I really did not understand what a fantastic service you offer. Myself and my family could not have coped for as long as we did with caring for Mum at home without your support. You were there for us through the whole time. Your nurses are very experienced and knew exactly what to do both physically and emotionally. We cannot thank you enough"

While I am aware that no one wants to be in the position of needing our service, it gives me

immense satisfaction to provide the best support we can to patients and their loved ones. Every day we see what a huge difference our input can make, and this is solely down to the skills, empathy and compassionate approach of our team.

I am very proud to be part of such a good team, and on behalf of us all I wish you a happy and peaceful 2019.

Jodie Brookes RN
Head of Nursing and
Coordination



INCREDIBLE EMILY RAISED £8,000 FOR SHN

When I made the decision to run the London Marathon, I had no idea what I was getting myself into. Somehow I managed to survive the months of gruelling training, not to mention the weather conditions with two beasts from the East! I crossed the finish line before the man dressed as a rhino (phew!) on the hottest day of the year in 5 hours 8 minutes with an even bigger smile than normal.

Many people have asked me since, how I got through it? There is nothing more humbling than standing surrounded by 39,999 other people of all shapes, ages and sizes listening to their stories. In front of me at the start was a blind father who was attached to his two children on each wrist who were all running for a blind charity. He said to me; I may not be able to see the mile signs (which we both agreed was probably a good thing) but I am fit and healthy and above all very lucky - it's time to say thank you and give back which is what it is all about.

Thanks to some extraordinary generosity I raised a staggering £12,000 for the two incredible charities that I had chosen;

Shipston Home Nursing and Mind.

Growing up just outside Shipston on Stour, I knew how incredibly special the charity Shipston Home Nursing was, comforting families at such difficult times. I also wanted to show my support to those who were fighting mental illness by supporting Mind.

I took huge strength on the day knowing the huge difference the money would make to both charities. It made the training, blood, sweat and tears completely worthwhile. I learned a lot in the process, but a big thing I took away from the experience is that you can achieve anything you put your mind to if you believe in yourself and have such worthy causes in



your mind along the way.

An enormous thank you to family and friends for all their support and encouragement in the build up to the marathon and those in particular that kept me going along the route. Without you all I would still be at the start line!

Marathon firmly ticked off the bucket list; not sure there will be a

repeat performance...!

Much love, Emily x

"It was a privilege to witness Emily achieve this personal goal. Thank you so much for thinking of SHN and for raising so much money"

KIND WORDS FROM SUPPORTERS OF ALL AGES

"Enclosed is a cheque to help a little with the continuation of the wonderful work you all do for the terminally ill, and the support you give to families at very difficult times"

"As ever, much thanks for all the work you put in for SHN and here is a contribution from us. All the very best of Season's Greetings".

"The support received from you during my wifes illness was nothing short of exceptional - my heartfelt thanks to you all for the excellent work you do and the difference you make"

"This year for Christmas I have decided that instead of buying presents for my family I would make a donation to Shipston Home Nursing, to say thank you for the kindness and care you showed two and a half years ago" Mary

"I am enclosing a donation to SHN in memory of my late parents, Barbara and Bob Flexen. I would like to thank all the Nurses for their kindness and support during the last weeks of my parent's lives, in 2017 and April 2018"

"Dear Shipston Nurses

I am writing to you to say thank you ever so much for helping my Grandad last year in November. So I am giving you £51 that I have raised for the second time this year in hope that you can help all the other poorly Grandmas and Grandads to have a good way of passing away, as well as helping their family, because you helped me through it as well in which I'm extremely grateful for. I hope you all have an amazing Christmas and 2019.
From Daniella Dowell Aged 11 xxx"

"Enclosed is a cheque to help a little with the continuation of the wonderful work you all do for the terminally ill, and support you give to families at very difficult times"

"This donation is made in memory of my late husband Keith Wyatt who received amazing treatment from SHN"

"Once again my Christmas cheque to Shipston Home Nursing, a very worthy cause"

MING PEARSON'S SHN SKY DIVE!

David and I decided to take a sabbatical with our three children at the beginning of 2018.

It was a marvellous, memorable experience for us all. Some friends of mine who used to live in New Zealand treated me to a terrifying sky dive from 12 thousand feet over Lake Wanaka in the South Island!

I decided that if I was going to do this crazy challenge I would like to do it for a local Charity that operates near my home in South Warwickshire.

Shipston Home Nursing is very much part of our community and we have supported this Hospice Care at Home charity for many years.

A justgiving site was set up and friends and family generously supported this terrific cause. I am very grateful to all of them for their fantastic support.

Thank you all so much. I am proud to have raised £2,300 for such a worthwhile cause.



SHN 100 CLUB REPORT Hannah French

Shipston Home Nursing has always been a Charity close to my heart, having grown up in Shipston and knowing just how many families have been so well supported, at such difficult times, by the organisation.

I was very keen to volunteer, given I had moved back to the area, after many years working in London. I remember meeting the fabulous Rebecca Mawle to discuss some fundraising ideas this time last year December 2017! I'm very pleased to say a fair few of which came to fruition in 2018!

The first idea was to set up a 100 Club for our supporters and friends. A fun way to support the Charity by buying a number for each month of the year for £24 giving you a chance to win a cash prize!



Richard & Lou Harvey helping draw the monthly lucky winner!



I'm so pleased to say we've hit our 100th member this December, so we're now looking for our next 100 players. Huge thanks to everyone who has joined.

THE TESCO BLUE TOKEN SCHEME

My next plan was to write a submission to be nominated for the Tesco Blue Token scheme. We were lucky enough to receive this, from two Stratford stores over November and December. We are still waiting to see how much money we will receive. The minimum award is £1,000.

I have had a wonderful year volunteering with Shipston Home Nursing!

Thanks to everyone who supports this amazing Charity and to all the brilliant nurses and fundraising team who work so hard to ensure it remains part of our community.

Well done Hannah. Enormous thanks for your time, support and successful initiatives.

SHN LAUNCHES NEW WEBSITE

Laurence and the boys have been busy at Technique Web designing and building our new website this winter.



This follows on from the rebrand, Technique Print Group did for us the previous year.

The improvements in the website aim to make access to our services easier to understand, as well as providing lots of new content and functionality. It will also be more mobile and tablet friendly than the previous site.

Should you need our services, there is a new referrals section to help guide you through the process.

Keep checking the website through the year for all the latest news and details of forthcoming fundraising events.

visit the new site at

www.shipstohomenursing.co.uk

THE RESTAURANT SCHEME CONTINUES TO SERVE US WELL

Suzie Coyte

Once again, the Restaurant Scheme had another good year in 2018 with many local Pubs and Restaurants supporting Shipston Home Nursing.

A huge thank you to all those eateries who kindly agreed to take part in this annual fundraising initiative and a very big thank you to all of your customers who kindly supported this scheme. Your support as always is truly appreciated.

We would like to thank the following 7 marvellous pubs and restaurants who raised the wonderful total of £968.32, Cherington Arms, The Chequers Ettington, The Halford Bridge Inn, The White Bear, Shipston-on-Stour, The Norman Knight, Whichford, The Fuzzy Duck, Armscote and Shukurs in Kineton.

We would also like to take this opportunity of giving special thanks to James and Kirsten, formerly of The Chequers, Ettington for their massive support raising huge funds over the many years. Thank you once again for your enormous efforts.

If your pub or restaurant would like to be involved in the SHN Restaurant Scheme, please call me. This is a simple fundraising idea which runs for a month in each business that helps to show your support of this free community service. We aim to get as many pubs, hotels and restaurants through the year to help raise more funds for this great Charity.

Thank you to everyone who has supported the Restaurant Scheme this year, your help is invaluable and every penny counts and is vital to the Charity.

Thank you
Suzie Coyte 01608 661188

The Restaurant Scheme has been operating for 17 years and each year raises valuable funds for the Charity.



Thank you Suzie for running such a successful scheme.

WALK BOOK SALES MARCH ON!

Ian McConnel

2018 will be remembered as the year in which we needed a further reprint of 2,000 copies '20 Walks in Shipston Country' by Peter Titchmarsh. The book is for sale in 40 - 50 outlets, hotels, inns, pubs, shops and surgeries within our catchment area.

The star sales outlet for 2018 is The Red Lion at Long Compton who sold over 50 copies. A special thanks to Lisa and all her staff. Thanks also to all the outlets, especially Ettington Shop, The Ebrington Arms, and The Howard Arms at Ilmington, all of whom sold over 30 copies each. Over 420 copies have been sold during the year, raising over £3,250.

I would once again like to thank the author, Peter Titchmarsh for such a great production, which continues to interest visitors and locals not only in the walks themselves, but also the second part of the book which includes a fascinating and detailed description of towns, villages and other places of interest in Shipston Country.

I am most grateful to Robert Harper from Oxhill for joining me, in supplying books and collecting proceeds. Robert now looks after the sales outlets, mainly to the West of Shipston.

The Shipston Home Nursing Walkers meet monthly - 11am in the Winter and 6pm in the Summer, doing a circular walk of 1 - 1½hrs returning to the start point, a pub, for well earned refreshments. The pace is gentle to allow plenty of gossip and exercise for dogs!

Anyone who would like to join us, please let me have your email and I will circulate details of the walks a week or so prior. imcconnelhome@gmail.com.

I am delighted that Robert Harper has agreed to join Ian, continuing to raise funds for Shipston Home Nursing, selling this delightful



book which the generous and inspirational Peter has published for us. Many thanks to Ian and Robert.

Since its first publication '20 Walks in Shipston Country' has raised over £30,000!

Thank you so much Peter!



FUNDRAISING IS KEY Rebecca Mawle

After 22 years since the Charity began I am still humbled by the incredible generosity and support received from our volunteers and supporters. Thank you all so much.

The Donors Roll below mentions many, but by no means all who have donated in 2018. Your generosity enables the Charity to continue to operate effectively. The Trustees and I are extremely grateful. Once again, thank you.



OUR FANTASTIC ROLL OF DONORS 2018

All our supporters who donate via Standing Order monthly

Mr J. Caines
Mr & Mrs Ian McIntosh
Cherington Village Hall Committee
The Estate of Marion Nason
The Estate of Sarah Holman
Jim Gardner
Andrew Revell
Ann Holland
The Ilmington Wednesday Club, in memory of Ellie Johnson
Paddock Farm Butchery, Brailes
Armscote Manor
Deborah Williams
Richard Suthons
Wendy Townend
Strutt & Parker, Moreton-in-Marsh
Maggie Sargent Associates
Murphy Salisbury, Stratford-on-Avon
NFU, Shipston-on-Stour
Jill Machell
Jane Brabyn
The Hon Lady Butler
Jill Perrin
Mr & Mrs M Hopper
Mr & Mrs S Richards
Jean Blackie
Pauline Lane-Gilbert
The Charities Foundation
Catholic Women's League
Charlecote PCC
Daniella Smart
Char Hutsby
Mr & Mrs Ian Lewis
Long Compton Congregational Chapel
Elizabeth Gilkes
John & Annette Oakes
Callum & Vanessa Barney
Maggie Pettifer
David Mills
Simon Downer
Sir Andrew Hamilton
Rosemary Antrobus
Ettington Monday Club Members
Pat Beatty
Wilmcote Chariturst

Carrie Tucker
Ray Randerson
A Jenkins
Mr Clifton
Ann Ayres
Baroness Elspeth Howe of Idlicote
Benedicte Wield & Bridge friends
Derek & Tricia Harbour
David & Jeremy Seel
Lady Vanessa Bolton
L P Jones
The Estate of William John Griffiths Bryce
M Ashcroft
Rt Hon The Lord & Lady Puttnam
L J Weaver
Sarah Taylor
Liz James
Jane Spencer
Patrick & Fudge Ramsay
The residents of Sheep Street, Shipston-on-Stour
James McPake
Pauline Austin
Mr & Mrs P S Duggins
Mrs Roz Warriner
Mark Barnes
Richard Gray
SVWAG
Barton on the Heath Village Fete
Jane Parker
Tom Newbery
John Hall
Pamela Drury-Lowe
John Beaumont
Christine Saul & Friends
Mary Manville-Hales
Robert Branch
Ann & Ian The Gate Inn, Brailes
Mair Howell
Judith Melling
WOLF Run, Lionheart Events
Cherington, Stourton & Sutton under Brailes Flower Show
Emma Wright, Honesty Sunflowers
Diane Hartley
Rob Bowen, H L Barnes Ltd
Ann Beeny
Tony Hardwicke

Alison Thompson
Stephanie Meadows
Gareth Onions
Michael White
Peter Titchmarsh
Les Hardiman
Stalls Lifestyle
HCT Construction Consultants
Christine Archer
Martin Harris
Andrew Knight
The Bower House
Cotswold Distillery
Bumble & Wild
Aston Martin
Feldon Valley, Brailes
Ann Holland
Jane Brockway
Edmund Harwood
Mr Peacock
Margaret & Merlyn Roberts
Michael Thwaites
Brian Lewis
Ettington Veterans FC Team
Richard Mawle
The Croft School
Melanie Devlin
Michael Appleton
Phil & Liz Wragg
The Freemasons, Shipston-on-Stour
Ian Peacock
Mrs A E Skinner
Lin Loggin & Helen
Sheila Wyatt
Mimi Roberts
Sue Hart
Roy Bateman
Mr G Johnson
Rory Mcleod
Jane Rigby, Lighthorne Village
Sutton-under-Brailes PCC
James Morgan
Mary Keitley
Emily Mellor
Tania Llewellyn
Lisa Blunt
Margaret Sherwood
Mr & Mrs K D Revell
Meg Morton

Mr C Martin
The Ilmington Village & Horticultural Society 2018 Show
Geraldine Hiller
Wellesbourne WI
Mrs S Lilwall
Mrs Wilks
Mrs P Burton
Linda Sadlier
Dawn Curtis
Hew Granlund
Viv Righton
Heather Gopsill
Mr G Johnson
Pip & Christine Howe
John Clark
Mrs D F Gates
Tony Clarke
Mrs M Collyer
GJW Turner Trust
Birmingham Soft Drinks Foundation
John Odell
Mrs P Hodson-Bendersky
The Estate of Jim Stuart
Nonni Meynell Eulalie Buckmaster Charitable Trust
The Heart of England Foundation
The Rev GRJ Shey Trust
The Serth & Gates Charitable Trust
Peggy Walker Memorial Trust
Stella Symons Charitable Trust
RSM UK Group LLP
The Youell Family Fund
Elizabeth Jackson Charitable Trust
DLW Macfarlane Charitable Trust
The Dumbreck Charity
The Keith Coombs Trust
Scorfen Charitable Trust
The L&D Seccombe Charitable Trust

Rebecca Mawle

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WE WOULD LIKE TO THANK THE FOLLOWING FOR SPONSORING THE NEW UNIFORMS FOR THE NURSING TEAM

The Lord Willoughby de Broke, Jenny Wilson, Vanessa & Keith Brewer, Fiona Perry Flowers, Christine Archer, Karen Archer, Bridget Fox, Miss Lynn Spurr, Jane Hobbs, Peter Titchmarsh, Veronica Lay and Jennifer Scholes.

Thank you all so much for the wonderful support, our team of nurses are very comfortable and look extremely professional wearing their new uniforms.

AN INCREDIBLE FUNDRAISING YEAR...



OLLIE HOWES - THE BEN NEVIS CHALLENGE

On January 13th 2018 Ollie and his friends climbed Ben Nevis in challenging conditions. Nothing stopped them and for proof that they achieved their goal, we have an excellent image! £854 raised. *Many thanks, and well done to Ollie, Will, Ned, Ben, Tom, Pete and Fred.*

SALES OF 2ND HAND BOOKS

The Medical Centre Shipston-on-Stour raised £475. The grand total since this fundraiser started has raised £6,575. *Our grateful thanks to all at the Medical Centre for this generous donation and support over the last 15 years.*

STRETTON-ON-FOSSE CAROL SINGING

The marvellous village of Stretton-on-Fosse once again entertained the residents with door to door Carol singing raising £121.56. *Well done and thank you so much for your ongoing support.*



AMANDA LUTHER FLOWER WORKSHOP

Sixteen ladies had a wonderful day at The Butts, Cherington, with Amanda being the most brilliant teacher and enormously entertaining. The ladies went home with two creative arrangements, feeling they had learnt an enormous amount from Amanda. Leanne came along to assist! John and Beverley looked after everyone like royalty. Delicious lunch. Prosecco, home-made biscuits, drinks, everything was perfect. The event raised £1,265. *Huge thanks to Amanda, John & Bev for making this day so special and raising such a marvellous amount.*



NEW YEAR NEW YOU

Thank you so much to Rachel Tame and a great team for organising this energetic morning at the Sheldon Bosley Hub which raised £250. *Well done to everyone!*

THE EMMA BRIDGEWATER MUGS

All the Polka Clown mugs have sold, a grand total of £1,183 raised. A gigantic thanks to John and Wendy Gardner for their generous donation. We made Emma Bridgewater collectors from all over the country, extremely happy! *Well done Debbie for coping with the postage and on-line sales, whilst I was away!*



SPRING DESIGNER 2ND HAND CLOTHES SALE

Once again held at the Sheldon Bosley Hub, a popular event bringing supporters from near and far! The men's designer rail was very popular, thank you Jude! Many thanks to Nicola, Liz, Jane Cussons, Jane Cleave, Marlyn, Jude, Julia and Jill Machell (a lovely new recruit) for manning the refreshments stall. The Shipston Home Nursing rails raised a wonderful £1,085 making a grand total of £1,203.



10K WALTON HALL RUN OR WALK

A dry, crisp morning supported by nearly 200 entries and a few dogs! Our grateful thanks to Hutsby Farms and Forsyth Farmworkers for their generous sponsorship of £750. This is an enormous help with the marketing and publicity. Our thanks to Andrew Hamilton, Walton Hall, for your support with refreshments and allowing Shipston Home Nursing to host this popular event at this truly historic and beautiful venue. Thanks to Paddock Farm Butchery for the delicious sausages and Taste of the Country for the wonderful flapjacks and lemon drizzle cake. Our entries are certainly very well looked after! The grand total raised £2,030. We also received sponsorship from Poppy and Melissa Hitchings for £100. Thank you Gilda for an excellent, challenging muddy course, plus all your time



and effort. Thanks to Steph and Rose for their efficient work with running times, twenty two brilliant marshalls, and four Shipston Rotarians, Bob, Adrian, Graham and Brian, for being at Walton Hall at 8.00am to set up and support the Runners on the course. You were all wonderful and so very helpful, many thanks.



STREET FAIR IN WELLESBOURNE

Liz James and her friends Sue and Emma ran the bottle stall very successfully! Many thanks to the local supermarkets, Brailes Stores, Nicola and Joan, Debbie and friends, for their donations of bottles. The afternoon raised £321, we are all thrilled with the total.



Catherine Saul and her team organised a very successful Jumble sale in Wellesbourne and raised the amazing amount of £671 for the Charity. *Congratulations, a marvellous amount. It was a pleasure to meet you Catherine and thank you for your enthusiasm and support.*



SPRING FASHION SHOW BY DICE AT THE BOWER HOUSE

A fantastic evening enjoyed by 74 ladies. James Walton kept control of the entire evening, thank you so much James! A delicious two course dinner, coffee and chocolates served by Tracy and her wonderful team. Compton Scorpion also helped look after our guests and the evening ran perfectly. Many thanks to Jayne Scandrett and her fabulous team at Dice with four professional models who put on the most fantastic, Summer show, that was enjoyed by everyone there. Raising a marvellous £1,730.

THE TARTAN FLING

The Tartan Fling committee raised the marvellous £1,850. 191 tickets were sold and the Townsend Hall proved a perfect venue for this popular teenage party. Congratulations to Julia and her nine strong team for continuing with this extremely popular event for the Warwickshire Air Ambulance and Shipston Home Nursing. *Our grateful thanks to you all. The teenagers have a fabulous time!*



PLANT & HOME PRODUCE SALE

Another wonderfully successful Plant & Home Produce Sale organised by the dedicated Caroline Gunn and Fudge Ramsay, supported by Sophie Corlett. What a trio! The Produce stall organised by Nicola Loades and Sarah Scotter raised £311. The kitchen run by Ginnie, Bridget and Julia raised £63. A donation from Roz Warriner for sales of her dahlias raised £46. Thank you all. There are an enormous team of people who help with this event, too many to mention individually, but thank you to everyone who grows plants and donates them, the till girls, the green-fingered girls who know the plants when selling, car parking guys, and anyone else who helps.
The grand total raised £4,236 absolutely fantastic!

THE RESIDENTS OF SHEEP STREET SHIPSTON-ON-STOUR

I am not sure who decided to have a party but the very jolly street raised an extraordinary £800, supporting the Charity. A marvellous get together at the Rutherford's beautiful garden for 65 people. *Thankyou Sheep Street for raising the most fantastic amount for Shipston Home Nursing, just incredible!*

SPRING BRIDGE EVENING

Char Hutsby kindly hosted a Bridge evening in aid of Charlecote Church and SHN at Little Hill, Wellesbourne. Raising £300. *Thank you Char and your terrific team of helpers.*



THE FINDINGS PARTY AT HAYNES BARN SIBFORD GOWER

Andrew and Josephine kindly opened their home to welcome Sibford neighbours and introduce them to Shipston Home Nursing. A beautiful May evening where 45 guests enjoyed the spectacular views and heard the workings of the Charity from Simon Miesegeaes, one of our Trustees. Victoria Taylor generously created the superb canapés for the evening. Thank you so much Victoria. This was not a fundraising event but we were delighted that it did raise £383. *Many thanks to all concerned especially Andrew and Josie.*

ANONYMOUS DONATION

Grateful thanks to a family that moved to Shipston 120 years ago, who still have connections to the town having lived and worked in Shipston for most of the last century.



BUTTERFLY WALK AT BLACKBERRY FARM, STOUR VALLEY WILDLIFE ACTION GROUP

A wonderful afternoon in July in glorious sunshine in a perfect setting. Story telling and delicious teas were served. Hundreds of butterflies, about 21 different species I am told. A marvellous donation of £1,000 was given to the Charity. *Thank you so much to Richard Gray and the very enthusiastic Wildlife Group.*



PICNIC IN THE PARK - IDLICOTE

A beautiful afternoon at Idlicote Farmhouse kindly invited by Marcus and Ujina Dill. Shipston Home Nursing and Ettington Primary School raised a fantastic £721. Many families joined us for the Playbox workshop, football, treasure hunt, teas, penny slot machines and loads of stalls. We had a very special time and the marquee and beautiful barn were perfect for this fundraising afternoon. Enormous thanks to Hannah French for her help in organising the event and Ben Spiers for organising the football. Thanks to Di, Jane, Annabelle and Liz for serving delicious teas. *A memorable Summers afternoon.*

BURMINGTON GRANGE

Fudge and Patrick kindly opened their beautiful garden for the NGS scheme in July and September. July was a very hot day, that 100 people visited to enjoy this magical garden. Jane Spencer and Taste of the Country donated delicious cakes to serve superb teas. Thanks to Bridget, Ginnie, Janet and Val for their enormous help and hard work, serving the teas. The grand total raised £298. In September, Burmington Grange was a very busy garden with Angela, Emily and Katie serving teas. Jane once again provided delicious cakes. Over 100 people came along and the Ramsay's have donated £550. *My enormous thanks to the Ramsay's for their continuous support.*



CHERINGTON, STOURTON, & SUTTON FLOWER SHOW

Thank you to Shirley Carr and Bonnie Playfair for manning the SHN stall at the Show. The marvellous committee donated £752 to SHN from the sales of Raffle tickets. *Thank you Cherington, Stourton and Sutton for your wonderful support.*



BRAILES FLOWER SHOW

Many thanks to Brailes for allowing SHN to have a pitch at the show. Nicola, Kate, Ginnie and Debbie kindly manned the stall. We raised £171 from sales of merchandise, which we were delighted with.



ILMINGTON FLOWER SHOW

Pauline, Honor and Nicola kindly manned the SHN stall raising £109 from sales of SHN merchandise. It was a dry afternoon with 3000 people attending, thank you Ilmington for allowing us to be part of this successful village event. *Following the success of this event, Ilmington have donated £500 to SHN, thank you so much.*



WOLF RUN

A brilliant weekend with two sunny days. The last WOLF RUN at Welsh Road. A nostalgic Sunday, but great fun seeing Charlie and Will tackling the course with friends! Our team of Jane Riley, Fred, Debbie, Lawrence, Emily, Nicola, Jane Cleave, Ben, Matt, James, Hilary, Malcolm, Anneli, Daryl, Janine and Honor worked extremely hard on both the Bag and Key Drop and the two Bouncy Castles. Thank you all so much for your great company, enthusiasm and commitment! Saturday Bouncy Castle £865. Bag & key drop £64. Sunday Bouncy Castle £863. Bag & Key Drop £66. There is a teensy competition between the two days and the volunteers, so well-done Saturday's team! *Charlie kindly donated £1,000 which covers payment for our volunteer's hours. Grand total raised £2,858.*



THE COUNTRY CAR BOOT SALE

Surprisingly, an enormous thanks to all the volunteers who helped me on this horrid, wet, miserable morning. We all arrived at 7.30am in the pouring rain, smiling and continued to smile until the last shopper and booter had gone, you are all brilliant! Mark, Nicola, Percy, Nicky, Mike, Paula, Swampy, Hilary, Debbie, Anneli, Jane, Freddie, Ed, Andrew, Hannah, Fred and James, our on-site paramedic, got extremely wet and cold. Hilary, Anneli, Paula, Debbie and Jane ran a marvellous hot drinks and Bacon Butty kitchen. Nicola sold nearly £200 of SHN clothes. The best sales lady ever! Thank you to the Booters who came along, and of course, thanks to the public who supported the event and hopefully found some hidden treasure! It rained the whole morning so we shut the gate an hour early. *Thank you to Jeremy, Bengy and Sarah for allowing us to use the field for this event. Total raised, surprisingly £170.*

HASTINGS HOUSE WELLESBOURNE

Many thanks to Hastings House for their continued support by selling SHN merchandise and second hand books, raising £86.



GOLF DAY AT FELDON VALLEY

An extremely windy, challenging day for our thirteen teams, who came back to the Club rather dishevelled but enjoyed their 18 holes of golf and still smiling!

Rob Bowen of HL Barnes generously sponsored the day and entered a team. Thank you Rob. Arden Garages sponsored a hole, thank you David Titchmarsh. Thanks for donations gratefully received from Mike White and Les Hardiman. Raising a terrific £4,423.



20 WALKS IN SHIPSTON COUNTRY

Peter Titchmarsh has once again been extraordinarily generous and paid for 2,000 more copies of the 20 Walks in Shipston Country book. We are so grateful to Peter for his marvellous support. *Many thanks Peter.*



HONESTY SUNFLOWERS

Emma Wright weeded and nurtured these beautiful flowers for many, many weeks raising £3,500 for Shipston Home Nursing. Emma's farm is on the roadside and this extraordinary amount was raised from sales on the road. I understand from a neighbour that Emma works tirelessly to make sure these flowers grow and sell in abundance. Emma chose to support SHN due to knowing a lady who had received our Nurses care in the last weeks of her life. *Thank you so very much Emma for all your hard work and extraordinary support.*



FASHION SHOW AT THE BELL ALDERMINSTER

November 8th at The Bell was an extremely atmospheric evening. 71 girls joined the team at The Bell for a fabulous glass of fizz donated by Enotria & Co plus a delicious two course dinner with Fashion Show put on by the brilliant Abi who owns Domino in Stratford-on-Avon. The models showed the most wonderful season of Christmas and Winter pieces, which were able to be purchased in the Pop-up shop after the show. James Walton of Sheldon Bosley Knight kept control and entertained everyone! James ran the raffle and Auction and the grand total raised was £1714. *Many thanks to James, Ness and the team at the Bell for looking after everyone, a brilliant evening for all.*



SAINSBURY'S WELLESBOURNE

My grateful thanks to Val who has worked so enthusiastically to support Shipston Home Nursing with all sorts of ideas, and marvellous support from the community. Many thanks to Shiela, Hazel, Liz, Kate, Nicola, Sarah, Angela, Annette and Caroline for their terrific support. The successful bag packing on Saturday December 15th was supported by Liz J, Kate, Liz C, Will D-D, Nicola, Angela and Fred. You all certainly charmed the Sainsbury's customers, raising £687. *Thank you all so much.*



THE DESIGNER SALE AT DARLINGSCOTT

Thank you to John and Maggie Sargent for their generous hospitality. Rosie, Jane and Zena arrived in excellent time to set up their rails with the most marvellous bargains! Thursday night was very busy and we had a good day on the Friday as well. Squeaky brought her beautiful jewellery and St Valais their fabulous ski-wear. Friday night we celebrated, as we had raised £2,100 for the Charity. Thank you so much Rosie for your ongoing fantastic support. We love seeing you all here in Warwickshire! *Thank you to Nicola, Angela and Joanna for their help keeping the happy shoppers topped up. Look forward to November 2019!*



AUTUMN 2ND HAND CLOTHES SALE

Another successful morning at the HUB selling wonderful clothes that have been donated to Shipston Home Nursing to raise funds for the Charity, thank you for all your generous donations of beautiful pieces. Our supporters love our merchandise! Many thanks to Julia, Bridget, Christine, Jane Cleave, Jane Cussons, Liz Cameron, Di Feilding, Debbie and Nicola for their time and help with sales and serving hot drinks. The total raised £989.



CHRISTMAS GIFT FAIR ETTINGTON COMMUNITY CENTRE

Nearly 400 supporters came along to see the 37 varied stalls selling their wares. The tombola was a terrific success run by Liz Beaumont and Jenni Cozon raising £773, thank you so much girls. The kitchen as always served delicious home-made biscuits, cakes and soup. Huge thanks to Di, Annabelle, Nicola, Sarah and all the cake and biscuit makers. Our supporters love everything that is home-made which is always delicious! As always this event involves at least 50-60 volunteers, whether it's car parking, helping with setting up and dismantling, or on a stall selling Shipston Home Nursing wares, greeting on the door, or in the kitchen. My enormous thanks to you all for your help, time and continual support for Shipston Home Nursing. You all helped raise a brilliant total of £6,330.



WREATH WORKSHOP AMANDA LUTHER AND BUMBLE & WILD

Amanda and Kate guided and taught our 14 ladies for the morning, to create the most varied and beautiful Christmas wreaths. The sun shone through the windows at Cherington Village Hall creating a perfect setting for the morning. Beverley Beaumont generously gave the most delicious prosecco and two course lunch, and greeted the girls with coffee and mince-pies. Thank you so much Bev and John for your generosity. Thanks also to Sarah Scotter for helping in the kitchen. The special day raised £755 for Shipston Home Nursing.



POP-UP SHOP - HIGH STREET SHIPSTON-ON-STOUR

I would like to thank Sarah & Bryan Stoten and Andrew Knight for generously allowing Shipston Home Nursing the use of No 10, Market Square, Shipston-on-Stour, for a week in December 2018 and a week in January 2019 to run our first Pop-up Shop. Our sales of everything from clothes, children's wear, shoes, cut glass, dinner sets, bric-a-brac, home-wear, garden bits, paintings raised the most fantastic total of £5,500. We are all delighted. Thank you all so much for your generous donations. I would also like to thank the volunteers who worked with me over the two weeks selling our marvellous merchandise. You were all outstanding!



THE BOTTLE STALL WELLESBOURNE CHRISTMAS LIGHTS

Thank you so very much Liz, Hazel and Kate for your time and enthusiasm raising £228. Many thanks to everyone who gave bottles for this very popular stall! Sainsbury's Wellesbourne, Mid Counties Co-op Shipston-on-Stour, Brailes Village Shop, Heart of England Co-op Wellesbourne, Warners Budgens Moreton-in-Marsh, Tesco's Stratford-on-Avon, Co-op Food Shipston-on-Stour, plus many local supporters.



ARMSCOTE MANOR

Deborah Williams continues to be the most marvellous supporter of the Charity and we are grateful to her for this dedication. During the year Deborah hosts a Tennis Tournament, opens her beautiful garden to special tours from far and wide and also sells her exquisite Armscote Tulip Bulb. Deborah has raised £1,500 from the sales of bulbs. Garden Visits £1,556 and the Tennis Tournament £500. A terrific total of £3556. Thank you so much Deborah for your support.



CHRISTMAS CONCERT, ST EDMUNDS CHURCH, SHIPSTON-ON-STOUR

A memorable, special, grand finale to a very busy year of fundraising for Shipston Home Nursing.

Jessica Friend and her choir, The Stratford Musical Theatre Company, gave the most beautiful, varied concert which 70 plus supporters enjoyed enormously. Hannah Porter also performed two numbers which were truly amazing, such a talented girl. The soloists Jessica, Hannah Connolly, Daniel O'Brien and Jesamine Dempsey performed superb numbers, Daniel played the cello. All extremely talented young musicians. Thank you to Lisa Blunt for her support in making sure everything was in perfect working order for the choir and musicians. Thanks to Wilmcote Chariturst for their sponsorship. The total raised for the evening was £515.



BECKY RUNS IN MEMORY OF HER GRAMPY

"I'd like to say a huge THANK YOU for everything Shipston Home Nursing did for my lovely Grampy, Douglas Bennett during his final days in his family home in May 2016. SHN provided invaluable care and support to Grampy and also my family.

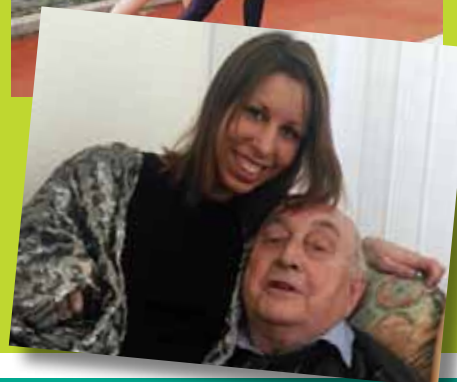
I've always wanted to take part in a running event so in January 2018 signed up for the Cheltenham half marathon and decided to raise some money at the same time. SHN was my obvious choice - I will never be able to thank them enough but wanted to help support them so that they can continue doing the same for other local people and families.

During nine months of training I completed a number of 5km and 10km organised runs (including the SHN Walton Hall 10k

run which I highly recommend to anyone wanting a fun challenge!) along with many other runs. On 30th September 2018 I completed the Cheltenham half marathon. It was hard going and my knee starting playing up at mile 5, but with support from my cousin Pippa, my friend Paula and many other people around the course we did it in 2 hours 28 minutes. Proud and exhausted would be an understatement but doing it for such a fantastic, invaluable local charity made it all worthwhile.

Thank you to my Mum, Linda Yates for baking many delicious cakes for me to sell at work to help raise money. Also thank you to every single person who sponsored and supported me throughout my journey. ♥"

Becky Yates



PIPPA'S MARATHON RAISES £2000 FOR SHN

In October 2017 I was extremely excited to find out I had been allocated a ballot place in the London Marathon in April 2018. It was a no brainer that I would run to raise money for Shipston Home Nursing. They were incredible taking care of my wonderful grandfather and we will never be able to thank them enough for their care of him and us.

Training for the marathon started in January and I actually really enjoyed the training!

A special mention must go to my fabulous family who took so much time out of their days and evenings cycling painfully slowly in the freezing cold next to me while I was running!

The marathon itself fell on the hottest London Marathon day ever, this made the whole thing so much harder especially given that the average temperature I had been training in was about 3 degrees! It was harder than I had ever thought possible but

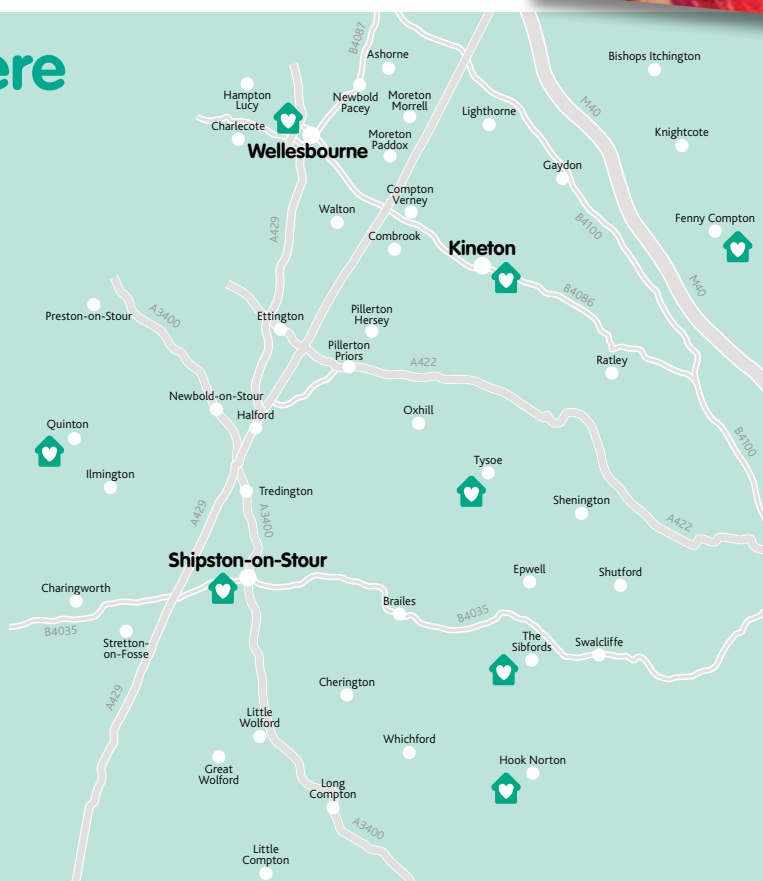
such an incredible experience and I would highly recommend that anyone who is at all interested takes part! Thank you so much to everyone who so kindly supported me!

Pippa Leith



The communities where we can provide our Free Nursing Service

The service is available to those living within the areas marked on this map. If you are unsure if the service is available to you then please contact the Nursing Team on 01608 664850 and they will be able to advise you.



SOME OF OUR EVENTS IN 2019

NORTH COTSWOLD MARMALADE FESTIVAL

Saturday 23rd March, 10am-12 noon
The Hall at Cherington
£5 entry, £2 per pot entered
Contact Sophie Corlett 01608 684369

10K RUN/WALK AT WALTON HALL

Sunday 14th April, register 8.45am, 10am start
Walton Hall CV35 9HU
Enter at www.shipstohomenursing.co.uk/events
£15 adults, £5 children

PLANT & HOME PRODUCE SALE NEW VENUE

Saturday 11th May, 10am - 12 noon
Brailes Village Hall OX15 5AS
Please bring plants to the Hall on Friday 10th
from 10am - 2pm
For more information please contact Caroline
Gunn on 01608 663508 or Fudge Ramsay on
01608 680000

BUTTERFLY WALK & SCULPTURE TRAIL

Every Saturday this July
Blackberry Farm, Idlicote
By kind invitation of Richard Gray & SVWAG

WOLF RUN

Saturday 7th & Sunday 8th September
Offchurch Bury, Warwickshire CV33 9AR
Enter a team and raise money for SHN
For more information please email
info@thewolfrun.com or visit
www.thewolfrun.com

GOLF DAY

Thursday 10th October
Feldon Valley Golf Club, Brailes, OX15 5BB
£250 per team
Kindly Sponsored by HL Barnes Accountants

DESIGNER POP-UP SHOP

Thursday 31st October 5pm - 9pm & Friday
1st November 9am - 4pm
Darlingscott Farm CV36 4PN
£5 Donation

CALL MY WINE BLUFF

Saturday 9th November 7.30pm
Townsend Hall, Shipston on Stour CV36 4AE
£150 per table of 10 - Bring your own picnic

CHRISTMAS GIFT FAIR

Tuesday 12th November 5.30pm - 8.30pm &
Wednesday 13th November 9.30am - 3.00pm
Ettington Community Centre CV37 7SX
£5 Entry includes coffee and homemade biscuit

For information on any of these events please
contact Rebecca Mawle on
01608 674929 or email
rebecca.mawle@shipstohomenursing.co.uk
or visit www.shipstohomenursing.co.uk
unless otherwise stated

SAVE THE DATE

Shipston Home Nursing 2020 Ball at Alscot Park

Stratford-on-Avon, CV37 8BL, Saturday June 6th 2020, By kind permission of Mr and Mrs Andrew Holman-West

Making a regular donation makes a difference!

If you would like to make a regular or one-off donation please complete the form below and return to:
Head of Operational Support, Shipston Home Nursing, Ellen Badger Hospital, Stratford Road, Shipston on Stour, Warwickshire CV36 4AX.
Tel: 01608 664850 Email: admin@shipstohomenursing.co.uk

- Make a one-off donation
- Sign-up for a direct debit and support us monthly – please contact Head of Operational Support
- Through your company, including sponsorship, cause-related marketing and one-off donations
- Legacies – please contact Head of Operational Support
- Trusts – please contact Head of Operational Support
- Your own events or activities – please contact Rebecca Mawle on 01608 674929
- Share-giving – please contact Head of Operational Support

NAME	
ADDRESS	
POSTCODE	
TEL NO.	EMAIL

I would like to make a donation to Shipston Home Nursing of

£

Please find enclosed a cheque made payable to

I wish this donation to be anonymous

Gift Aid Declaration

Using Gift Aid means that for every pound you give, we get an extra 28 pence from the Inland Revenue, helping your donation go further, and it doesn't cost you a thing.

I declare that I am a taxpayer and I want the Charity to treat my donation of £ _____ which I made on the ____ / ____ / ____ (date of cheque) and any future donations I make as Gift Aid donations.

I understand the requirement is that I must pay an amount of income tax or capital gains tax at least equal to the tax deemed to have been deducted from this donation.

I would like Shipston Home Nursing to claim the tax back on this donation

SIGNATURE
DATE